



ADULT TENNIS

MAY 24- AUGUST 11, 2024



ADULT RACQUET CLINICS & DRILLS

TENNIS IN 5

Wednesday 6:00 PM- 7:00 PM

Saturday 10:30 AM - 11:30 AM

(Beginner) - Learn to rally, serve, hit ground strokes, hit volleys, score & play!

1 MONTH FREE/MEMBERS
\$99/Month/ Non Members

ACE 2.0

Tuesday 7:00 PM - 8:30 PM

Saturday 9:00 AM - 10:30 AM

Our Ace 2.0 Program is designed for those who have graduated from Ace 1.0 and wanting more time on the court to focus on point play strategies and positioning.

\$109/Month (1 day a week)
\$159/Month (2 days a week)



GCITA TEAM PRACTICES
\$109/Month

DRILL & PLAY

Friday 9:30 AM - 11:00 AM

Our Drill & Play clinics consist of weekly themed practices with emphasis on doubles tactics, strategy, and situational point play.

\$109/Month
\$35 Drop-In

CARDIO TENNIS

Tuesday 6:00 PM - 7:00 PM

Thursday 6:00 PM - 7:00 PM

Friday 6:30 AM- 7:30 AM

Cardio tennis is a high-energy tennis class that combines the best features of tennis with cardiovascular exercise, delivering an ultimate full body, calorie-burning aerobic workout.

\$69/Month (1 day a week)
\$89/Month (2 days a week)
\$99/ Month (3 days a week)
\$20 Drop-In

HIT CLINIC

Monday 7:00 PM - 8:30 PM

Saturday 9:00 AM - 10:30 AM

Our Hit Clinic is an intense clinic for 3.5 and over players (sign up required).

\$26/Class

ALL YOU CAN PLAY PACKAGE
\$159/Month

Interclub Practice • Drill & Play • Cardio Tennis

COMPLETE ONLINE TENNIS
INQUIRY FORM FOR PLACEMENT

Jeffrey Schenk
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