



# ADULT TENNIS

MAY 1- MAY 26, 2024



## ADULT RACQUET CLINICS & DRILLS

### TENNIS IN 5

**Saturday** 10:30 AM - 11:30 AM

(Beginner) - Learn to rally, serve, hit ground strokes, hit volleys, score & play!

**1 MONTH FREE/MEMBERS**  
**\$99/Month/ Non Members**

### ACE 2.0

**Tuesday** 7:00 PM - 8:30 PM

**Saturday** 9:00 AM - 10:30 AM

Our Ace 2.0 Program is designed for those who have graduated from Ace 1.0 and wanting more time on the court to focus on point play strategies and positioning.

**\$109/Month (1 day a week)**  
**\$159/Month (2 days a week)**



**GCITA TEAM PRACTICES**  
**\$109/Month**

### DRILL & PLAY

**Friday** 9:30 AM - 11:00 AM

Our Drill & Play clinics consist of weekly themed practices with emphasis on doubles tactics, strategy, and situational point play.

**\$109/Month**  
**\$35 Drop-In**

### CARDIO TENNIS

**Tuesday** 6:00 PM - 7:00 PM

**Thursday** 6:00 PM - 7:00 PM

**Friday** 6:30 AM - 7:30 AM

Cardio tennis is a high-energy tennis class that combines the best features of tennis with cardiovascular exercise, delivering an ultimate full body, calorie-burning aerobic workout.

**\$69/Month (1 day a week)**  
**\$89/Month (2 days a week)**  
**\$99/ Month (3 days a week)**  
**\$20 Drop-In**

### HIT CLINIC

**Monday** 7:00 PM - 8:30 PM

**Saturday** 9:00 AM - 10:30 AM

Our Hit Clinic is an intense clinic for 3.5 and over players (sign up required).

**\$26/Class**

**ALL YOU CAN PLAY PACKAGE**  
**\$159/Month**

Interclub Practice • Drill & Play • Cardio Tennis

**COMPLETE ONLINE TENNIS**  
**INQUIRY FORM FOR PLACEMENT**

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