

ADULT TENNIS

JUNE-AUGUST 2024



MONDAY

6:00 PM Cardio Tennis

7:00 PM 2.5/3.0 Ladies Drill & Play

TUESDAY

10:00 AM Cardio Tennis

6:00 PM Intermediate Ace

7:00 PM 3.5/4.0 Ladies Drill & Play

7:00 PM 3.0/3.5 Mens Drill & Play

WEDNESDAY

6:00 AM Cardio Tennis

10:00 AM Ladies Drill & Play

6:00 PM Cardio Tennis

7:00 PM 4.5+ Co-Ed Drill & Play

THURSDAY

10:00 AM Intermediate Ace

10:00 AM Ladies Drill & Play

7:30 PM High-Intensity Co-Ed Drill

FRIDAY

6:00 AM Cardio Tennis

10:00 AM Ladies Drill & Play

SATURDAY

10:00 AM Cardio Tennis

11:00 AM Intermediate Ace

INTERMEDIATE ACE

Start mastering how to hit and how to play organized doubles on the tennis court. Our staff will introduce strategies and positioning while helping you refine hitting skills.

\$79/Month

TEAM/DRILL BASIC PACKAGE

Choose One: Weekly Team Practice Drill & Play Ladies/Mens Drills

\$99/Month

CARDIO TENNIS

Cardio tennis is a heartpumping hour of fitness on a tennis court.

\$99/MonthUnlimited Play

\$75/Month
Once a Week

ALL YOU CAN PLAY PACKAGE

Weekly Team Practice, Drill & Play, Ladies/Mens Drill

\$150/Month

COMPLETE ONLINE TENNIS

INQUIRY FORM FOR PLACEMENT

Questions? Contact:

Rob Lehner Tennis Director RLehner@5SSC.com