ADULT TENNIS

FIVE SEASONS

### **ADULT RACQUET CLINICS & DRILLS**

### **TENNIS IN 5**

Saturday 10:30 AM - 11:30 AM

(Beginner) - Learn to rally, serve, hit ground strokes, hit volleys, score & play!

#### 1 MONTH FREE/MEMBERS \$99/Month/ Non Members

## ACE 2.0

**Tuesday** 7:30 PM - 8:30 PM **Saturday** 9:00 AM - 10:30 AM Our Ace 2.0 Program is designed for those who have graduated from Ace 1.0 and wanting more time on the court to focus on point play strategies and positioning.

### \$109/Month (1 day a week) \$159/Month (2 days a week)



GCITA TEAM PRACTICES \$109/Month

## **DRILL & PLAY**

**Friday** 9:30 AM - 11:00 AM Our Drill & Play clinics consist of weekly themed practices with emphasis on doubles tactics, strategy, and situational point play.

\$109/Month \$35 Drop-In

# **CARDIO TENNIS**

Tuesday
Thursday
Friday

6:00 PM - 7:00 PM 6:00 PM - 7:00 PM 6:30 AM- 7:30 AM

Cardio tennis is a high-energy tennis class that combines the best features of tennis with cardiovascular exercise, delivering an ultimate full body, calorieburning aerobic workout.

\$69/Month (1 day a week) \$89/Month (2 days a week) \$99/ Month (3 days a week) \$20 Drop-In

### **HIT CLINIC**

Monday 7:00 PM - 8:30 PM Saturday 9:00 AM - 10:30 AM Our Hit Clinic is an intense clinic for 3.5 and over players (sign up required).

\$26/Class

ALL YOU CAN PLAY PACKAGE \$159/Month Interclub Practice • Drill & Play • Cardio Tennis

COMPLETE ONLINE TENNIS INQUIRY FORM FOR PLACEMENT **Shawn Barone** Tennis Director Sbarone@5ssc.com Ronnie Griffin Adult Tennis Director rgriffin@5ssc.com