



# ADULT TENNIS

JANUARY- MAY 2024



## MONDAY

- 6:00 PM** Cardio Tennis
- 7:00 PM** 2.5/3.0 Ladies Drill & Play

## TUESDAY

- 10:00 AM** Cardio Tennis
- 6:00 PM** Intermediate Ace
- 7:00 PM** 3.5/4.0 Ladies Drill & Play
- 7:00 PM** 3.0/3.5 Mens Drill & Play

## WEDNESDAY

- 6:00 AM** Cardio Tennis
- 10:00 AM** Ladies Drill & Play
- 6:00 PM** Cardio Tennis
- 7:00 PM** 4.5+ Co-Ed Drill & Play

## THURSDAY

- 10:00 AM** Intermediate Ace
- 10:00 AM** Ladies Drill & Play
- 7:30 PM** High-Intensity Co-Ed Drill

## FRIDAY

- 6:00 AM** Cardio Tennis
- 10:00 AM** Ladies Drill & Play

## SATURDAY

- 10:00 AM** Cardio Tennis
- 11:00 AM** Intermediate Ace

### INTERMEDIATE ACE

Start mastering how to hit and how to play organized doubles on the tennis court. Our staff will introduce strategies and positioning while helping you refine hitting skills.

**\$79/Month**

### TEAM/DRILL BASIC PACKAGE

Choose One:  
Weekly Team Practice  
Drill & Play  
Ladies/Mens Drills

**\$99/Month**

### CARDIO TENNIS

Cardio tennis is a heart-pumping hour of fitness on a tennis court.

**\$99/Month  
Unlimited Play**

**\$75/Month  
Once a Week**

### ALL YOU CAN PLAY PACKAGE

Weekly Team Practice,  
Drill & Play,  
Ladies/Mens Drill

**\$150/Month**

**COMPLETE ONLINE TENNIS  
INQUIRY FORM FOR PLACEMENT**

**Questions? Contact:**

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