

ADULT TENNIS

DECEMBER 2023



ADULT RACQUET CLINICS & DRILLS

TENNIS IN 5

Wednesday 6:00 PM - 7:00 PM

Saturday 10:30 AM - 11:30 AM

(Beginner) - Learn to rally, serve, hit ground strokes, hit volleys, score & play!

1 MONTH FREE/ MEMBERS

\$99/Month/ Non Members

ACE 2.0

Tuesday 7:00 PM - 8:30 PM

Saturday 9:00 AM - 10:30 AM

Our Ace 2.0 Program is designed for those who have graduated from Ace 1.0 and wanting more time on the court to focus on point play strategies and positioning.

\$109/Month (1 day a week)

\$159/Month (2 days a week)



DRILL & PLAY

Friday 9:30 AM - 11:00 AM

Our Drill & Play clinics consist of weekly themed practices with emphasis on doubles tactics, strategy, and situational point play.

\$109/Month

\$35 Drop-In

CARDIO TENNIS

Tuesday & Thursday 6:00 PM - 7:00 PM

Cardio tennis is a high-energy tennis class that combines the best features of tennis with cardiovascular exercise, delivering an ultimate full body, calorie-burning aerobic workout.

\$69/Month (1 day a week)

\$89/Month (2 days a week)

\$20 Drop-In

HIT CLINIC

Monday 7:00 PM - 8:30 PM

Saturday 9:00 AM - 10:30 AM

Our Hit Clinic is an intense clinic for 3.5 and over players (sign up required).

\$26/Class

GCITA TEAM PRACTICES

\$109/Month

ALL YOU CAN PLAY PACKAGE

\$159/Month

Interclub Practice • Drill & Play • Cardio Tennis

**COMPLETE ONLINE TENNIS
INQUIRY FORM FOR PLACEMENT**

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